

# IMPORTANT SAFETY MESSAGE

For your comfort and safety while using the Infrared Saunas, please observe the following safety message:



This is a dry electrical sauna - not a traditional steam sauna.



Do not enter the sauna directly from the shower - you must be dry first.



The only water that should be in the cabin is your sweat!



To avoid damaging the infrared heaters, do not pour water over yourself to cool-down while you're inside the sauna.

Thank you, and enjoy!